



Annual Report 2021 - 2022

MESSAGE FROM THE MANAGING TRUSTEE

Warm Greetings! I am delighted to greet you all via this newsletter. I hope you and your family remained safe and healthy throughout the pandemic.

A slew of new challenges awaited us in 2021-2022. As in the previous year, our team continued to provide significant covid relief in and around town. We are grateful that none of our team members were infected with covid despite their extensive fieldwork. The situation was very concerning during the second wave of the covid, with the accelerating spread of the delta variant.

I'd like to express my heartfelt gratitude to everyone who worked tirelessly and fearlessly during the second wave. We gradually and steadily returned to normalcy after the pandemic passed, and the projects began. We had to comply with the high court's order and close Naviram Park. This was very heartbreaking as we had great visions for the park, but they crashed due to the ignorance of the government. It took a long time for us to recover from our heartbreak.

However, remembering successes like the launch of our new project, menstrual health awareness sessions, and Ms. Sujatha becoming the first girl from her village to pursue a career in nursing through our educational sponsorship program helped us overcome setbacks and motivated us to work harder.

I'd like to express my gratitude to all of the donors who stood by us and continued to support all of our projects during these trying times. Your support has been invaluable in allowing us to take the projects forward.



Kumaresan Vadamalai

Managing Trustee

YEAR IN A GLIMPSE

8,112 patients have been treated this year, apart from the extensive fieldwork during the spread of the delta variant by the mobile medical team.



22,959 books were distributed by the mobile library team, by traveling **16,480** kilometers.



295 students are educated after their school hours, through our evening schools this year.



2000 saplings were planted in the Arunachala and Kavuthi hills, and more than **18,600** palm seeds were planted along the lake banks.



Sujatha, a beneficiary of the educational sponsorship program, has been admitted to the B.Sc. program (Nursing).

A long-held dream was realized when a menstrual hygiene awareness program was launched in December 2021. Awareness sessions were conducted for **1,982** girl children.



SET BACKS

- For the second year in a row, Covid has continuously disrupted the projects, resulting in an inability to meet goals as planned.
 - Due to the pandemic, the mobile medical team was unable to carry out the regular health camps to the same extent as in previous years. Our entire effort was devoted to dealing with the pandemic.
 - Many library books were lost as a result of the unexpected Covid lockdown. The mobile library team had a strenuous time, collecting books issued prior to the lockdown from students after the lockdown was lifted.
 - The evening schools in Selvapuram and Paliyapattu villages had to be closed due to a drop in nearly all enrollment caused by the government program.
 - The closure of Naviram Park will be remembered as a forever loss.
 - Unfortunately, due to a lack of funds for this project, the size of the nursery had to be reduced this year.
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MOBILE MEDICAL CLINIC

The severity of the delta variant in the pandemic's second wave made last year a difficult time for the entire mobile medical clinic team. With the number of infected people steadily increasing, the team had to work around the clock to ensure the public's health and safety.

The exponential increase in the number of covid cases made it arduous for the government health department to handle the situation, so the district collector has approached the *Regenboog* team for a helping hand. Since identifying and isolating infected people was critical to halting the spread, *Regenboog* hired more temporary paramedical who worked alongside government healthcare workers to perform RT-PCR tests in large numbers throughout the *Thiruvannamalai* district.

Aside from that, door-to-door screening was conducted to identify people with Delta variant symptoms. Despite the high risk of infection during the fieldwork, the team performed splendidly without fear. Fortunately, as a result of the team's vigilance, no one became infected.





The mobile library team assisted in raising awareness by travelling over **1,258 km** to more than **71 villages**.



Assisted in administering immunizations to the people of Tiruvannamalai via vaccination camps.



In an attempt to find a solution to the alarming spike in demand for oxygen concentrators, *Regenboog* along with *Mr. Krishna Thiruvengadam*, one of our supporters, worked hard to develop novel techniques for producing oxygen concentrates. This initiative was 80% successful. But due to difficulties in procuring the necessary materials, we were unable to produce large quantities to support the hospitals.



Fever camps were held for **100** successful days in various locations throughout *Tiruvannamalai* to provide immediate medical attention to those in need.

“

Regenboog's assistance in screening during the second wave proved insurmountable. Their staff team was really kind, and their service was exceptional. I wish them the best of success in continuing this excellent effort for many decades ahead.

”

*Dr. Vijaya Bahu Medical officer,
Tandrapet Government
Hospital*

Covid Distribution List

- Masks : 2,18,350
- Gloves: 3200
- Sanitizer: 255 Litres

Project Milestones

- RT-PCR test – 5,762
- Vaccinations administered – 5,762
- Covid screening – 9116 people
2896 houses



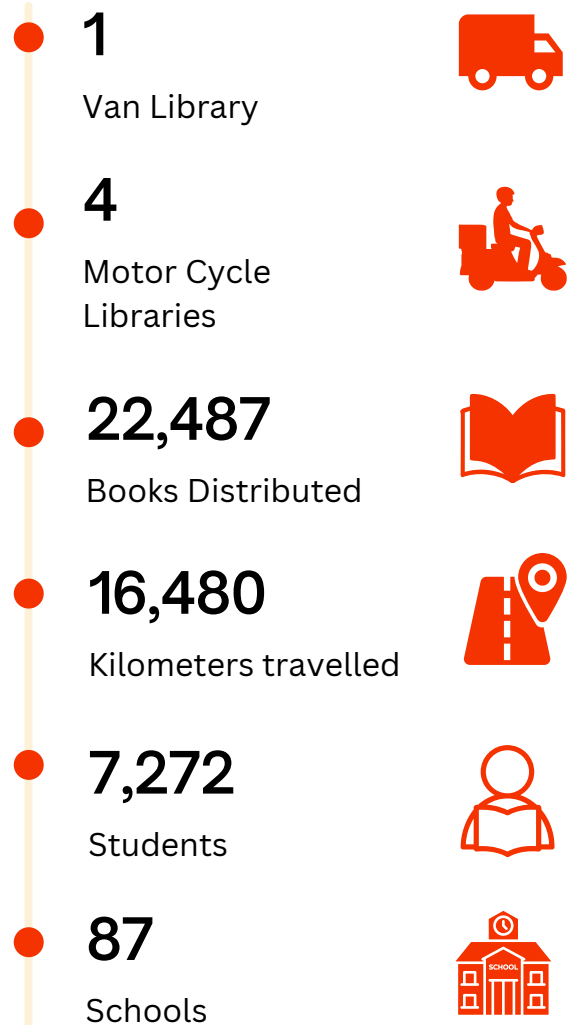
ARUNACHALA MOBILE LIBRARY

The pandemic-related lockdown continued this year, disrupting the normal operation of the mobile library and preventing the team from going out on fieldwork. The team, on the other hand, made excellent use of the break by renovating the library vehicles and restoring the books.

After a long layoff, the project resumed again with one minivan library and four motorcycle libraries delivering books to children of government schools across the town. This year, **10 new schools** have been added to the list of schools served. The big smiles on the children's faces as they saw the library vehicle arriving at the school grounds reminded us all how meaningful and virtuous our work is.

OVERCOMING THE CHALLENGES

This year's major challenge was the re-collection of previously issued books. Because of the unexpected lockdown, the project had to be abruptly halted, leaving the previously issued books with the students. There was a critical concern with books going missing if they were not returned in a timely manner. Kudos to the librarians who went door to door in each village during the Covid lockdowns to collect the books from the students. As a result, the number of book losses was greatly reduced.



The project reached a significant milestone this year. Mr. Aravindhan, the newly appointed District educational officer of the Chengam educational district, is a young and energetic officer. He discovered our mobile library project and was very pleased with the service we provided. He called a meeting of all government and private school librarians and made us present our project. As a result, even principals who were previously reluctant to allow our library vehicles into their schools now welcome us to issue books. Mr. Aravindhan has our heartfelt gratitude. We are simply awestruck by his love for children and value the efforts he has made to instill the reading habit in the children.



NEW INITIATIVE

THE FRIDGE LIBRARY

People in India have to wait for long periods of time for their needs to be met at government offices and hospitals. While they are waiting for longer periods of time, we thought it would be a good idea to give them the opportunity to read a book, so we launched a new initiative called 'Fridge library.' Refrigerators that had previously been discarded were purchased, refurbished, and converted into mini library bookshelves. These fridge libraries will be placed in various locations such as government hospitals, courtrooms, police stations, and other public gathering places in order to encourage the public's reading habit. When we approached the officers to place these libraries on their premises, they were very appreciative of this one-of-a-kind effort, which motivates us to go further.



EVENING SCHOOLS

During the second wave, evening schools were the most affected project. One of the main reasons for not being able to carry out the project as planned was the increasing death rate in the second wave, and we did not want to endanger children's lives.

Following the conclusion of the second wave, the newly elected government launched a program similar to our micro classes called '*illam thedi kelvi*' (meaning "Education to Home").

This initiative was far inferior to our evening schools. Staff was recruited in very small numbers, and they were all either inexperienced or had little experience. Though the children enjoyed our evening schools and wished to continue attending, they were unable to do so because their teachers forced and made compulsory enrolment in this government program, resulting in a massive decrease in student enrollment this year.

Despite the setbacks, positive parental feedback encouraged us to keep working. Few parents and students (including government temporary teachers) were aware of how creative, caring, and progressive our evening schools are, and they were able to distinguish our evening schools from the government program and constantly supported us. New initiatives in our evening schools like circle time, debates, and extensive spoken English classes were all praised and welcomed by parents.



NEW INITIATIVES



BRAINSTORMING SESSIONS



Ms. Ramya deserves special recognition for holding several brainstorming sessions with the staff teams of all the evening schools on a regular basis and completely revamping this project. This year, the project saw many innovative improvements as a result of her efforts, such as providing carrier guidance, bridging the communication gap between evening school staff from different villages, and implementing improved teaching methodologies.

THE CIRCLE TIME



This year's most successful project initiative has been circle time. We wanted evening classes to focus not only on students' educational intelligence but also on their mental health. As a result, a separate time was set aside, which we named circle time, during which a teacher sits in a circle with her student team and has heart-to-heart conversations. This encouraged students to talk about their problems or concerns. This initiative not only solved many hidden problems, but it also played a vital role in establishing a positive relationship between the teachers and the students.

INTERESTING STORIES

A child named Lakshaya revealed during circle time that her parents were not together. As a result, the child was depressed and sad. Our staff went out of their way to speak with the parents and make them understand the negative impact their decisions had on the child. We can see the child's happiness now that the parents are together, and she is actively participating in all activities with enthusiasm.



EDUCATIONAL SPONSORSHIP PROGRAM

The educational sponsorship program has benefited **28 students** this year. **15** of the 28 are for school education, while the remaining **13** are for higher education. *Mr. Sakthivel*, a project beneficiary, has volunteered to assist us with nursery work. We are very pleased to see our beneficiary students developing a sense of social service beyond their curriculum.



Since lessons were moved online for the year, technology support and classroom space were made available to all students so that they could attend classes in peace.



Extensive Career counseling sessions were held concurrently. Regular follow-ups with the respective academic institutions were lacking in order to track student performance.



SUJATHA'S STORY



My name is Sujatha. My father's name is Vallimuthu, he is an astrologer. My mother's name is Janaki, she is a homemaker. She goes to the pond reclamation works once in three months for five days. I have a sister, Susi, studying in grade 6 at the government school in my village. I am currently pursuing my first year of the bachelor of nursing at Mylapore. I am the first female graduate in my family. There have been many boys who have graduated from my family, but I am the first girl to study after high school. The girl kids usually study only till grade 8. After that, they just stay back at home. But now after seeing me, more than four to six girls have started to pursue their education. Medicine has always been my dream profession. My aim was to become an anesthetist, but unfortunately, couldn't get an admission seat. So now I am doing a BSc in nursing. Regenboog India Foundation is supporting me financially, with my mess fee, tuition fee, and hostel fee. I feel grateful and will for sure keep up my promise of studying better and will do justice for this great help.



ENVIRONMENTAL PROJECTS

The team conducted firefighting operations on the *Kavuthimalai* hill, which greatly aided us in maintaining ecological balance. **10 watersheds** have been cleaned and replenished with water for providing water to animals throughout the summer.

Over **2,000 saplings** were planted in the foothill region of *Kavuthimalai*, and *Arunachala hills*. Aside from books, the mobile library team has delivered saplings to the children to inculcate a sense of environmental responsibility in their minds.

We also coordinated a palm seed planting campaign. This is a vital project since palm plants help with soil binding, erosion prevention, and groundwater stability.



18,600 palm seeds have been planted at 7 lakes and 3 ponds by AML team and the volunteers

THE SCIENCE PARK

The *Science Park* was closed from 11 April to 12 March due to the pandemic. This year saw heavy rainfall, which caused floods, so the park's infrastructure had to be completely rebuilt before reopening. We had to fix everything right from the plants and trees to the playground equipment. The most difficult aspects of this project were revamping the park and ensuring public safety. However, seeing the children enjoying themselves while playing with their parents made all of the difficulties and our efforts worthwhile.

The closure of *Naviram Park* was an unfortunate event that occurred this year. The *Naviram* was the first of its kind in *Thiruvannamalai*. *Naviram* was not only a great place to play, but it was also a great recreational space for people of all ages. The park featured beautiful wall murals and posters ranging from the antiquity of Tamil to advanced environmental concepts. We even had a mini-library on the premises. We couldn't go against the court, even if the suit was without merit. Many people called in to tell us how much they enjoyed spending time at the park with their children and grandchildren and how much they will miss it. This turned out to be a disheartening event for both *Regenboog* and the general public.



HAPPY PERIODS

Even though there has been a shift in attitudes toward menstruation and menstruation slowly becoming a mainstream topic of discussion over the last decade, all of these are only urban-based milestones. Menstruation is still a forbidden topic in rural India, with endless misconceptions and misbeliefs. As a charity that primarily focuses on rural development, we have witnessed many heartbreaking incidents caused by the lack of proper awareness about menstrual hygiene among young girls and women. Even educated people are hesitant about this issue and are unaware of the struggles of their own fellow women.

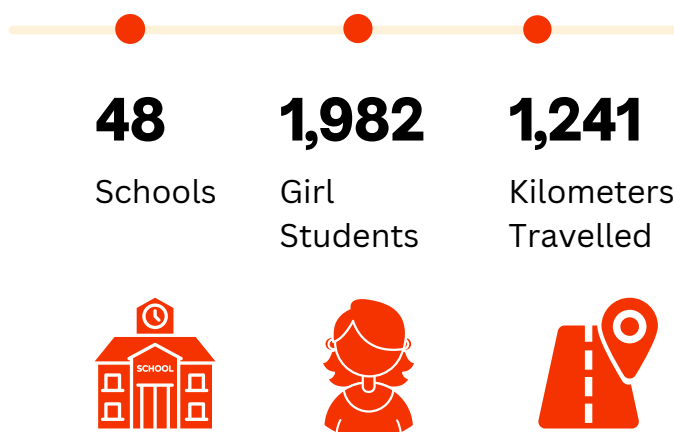
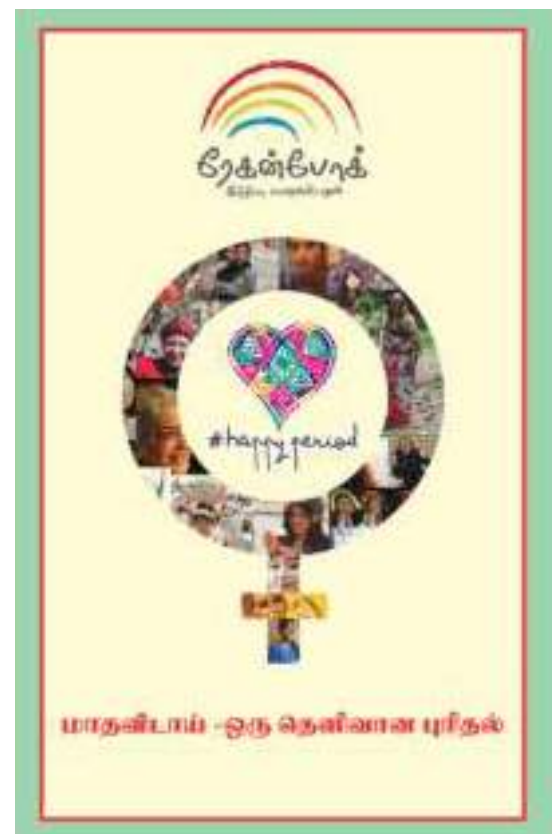
In order to address these concerns, we launched the "*Happy Periods*" mission to help them overcome their fears, and better understand the various aspects of menstruation and menstrual hygiene. This was our long-awaited dream project.



We were determined that this mission would not be just another lecture on menstrual hygiene dos and don'ts. An extensive field study was conducted, as well as brainstorming sessions with the doctors of *Regenboog's* mobile medical clinic project and a team of town gynecologists.

We developed a comprehensive presentation to educate on the multidimensional aspects of menstruation, ranging from physical changes during puberty to PCOS and PCOD. Rather than limiting ourselves to presentations, we decided to write a simple yet highly informative book in Tamil about the various multidimensional aspects of menstruation.

These sessions were carried out by a social worker and a nurse. Teachers were also a part of the audience along with the girl students. Various alternatives to sanitary pads, such as tampons, menstrual cups, and reusable sanitary pads, would be displayed, with a brief explanation of how these should be worn, washed, and dried. This paves the way for not only a happy but also a sustainable period. Following the presentation, there will be a Q&A session. Though most students are hesitant to open up at first, we ensure that they eventually voice out their doubts and fears with our words of encouragement. And when one student opens up or starts to question, the others were naturally self-motivated to do the same.



The primary beneficiaries are girl children from government schools in and around Thiruvannamalai. However, this list will be gradually expanded to include private schools as well.

Many female students began to call the helpline number for assistance and clarification. We were very pleased as a team to see the project making a positive impact in just a month. To our astonishment, we received a call from a girl's father by the end of January. **This was more than just a call or a testimonial; it was a watershed moment for the project.**

A HEARTFELT TESTIMONIAL

" Hello, mam! I am Elumalai from Adiannamalai village. My daughter attends the village government school. She came home one day with a book in her hand and told me that she had attended a session from Regenboog India Foundation about menstrual health awareness at her school. I was skeptical of her discussing this with me because we never discussed such things in the village. A girl, in particular, never discusses this subject with her father, to my knowledge. However, after witnessing my child's confidence and perspective, I began to listen to her. Believe me, after this conversation, we were not only father and daughter, but also best friends. And, coincidentally, she had reached puberty within a week of this discussion, and thanks to this session, she was able to handle the situation confidently. As a father, I was very proud to see her handle the situation so bravely. Thanks to your great initiative I can't thank you enough for breaking down the barrier between me and my daughter. Please continue your work and let more girl children be benefitted from this. "

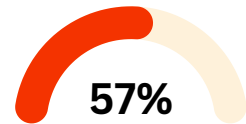
FINANCIALS

Regenboog India Foundation	
381, Vedyappanur Village, Adi Annamalai Post, Tiruvannamalai 606604	
Balance Sheet	

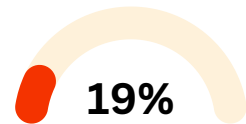
Particulars	Notes	Year Ending 2022	Year Ending 2021
Sources of funds			
Capital Fund	1	2,08,23,373	2,11,96,350
Current Liabilities			
Short term provisions	2	54,083	41,742
Total		2,08,77,456	2,12,38,092
Application			
Non- Current Assets			
Fixed Assets	10	1,33,15,831	1,40,70,320
Current Assets			
Loans, advances and deposits	3	2,67,200	37,87,200
Cash and Cash equivalents	4	72,94,425	33,80,572
Total		2,08,77,456	2,12,38,092

Statement of Income & Expenditure			
Particulars	Notes	21-22	21-22
Income			
Donations	5	63,15,684	84,26,836
Interest Income	6	3,47,674	2,92,918
Other Income	6	7,490	-
Total (A)		66,70,848	87,19,754
Expenditure			
Project Expenses			
Arunachala Evening Schools	7(i)	7,18,446	7,82,251
Mobile Medical Clinic	7(ii)	15,56,631	13,03,089
Arunachala Mobile Library	7(iii)	9,27,370	6,06,214
Science park	7(IV)	3,15,727	5,75,859
Saraswathi Children's Village	7(V)	65,761	9,603
Covid 19 Project Expenses	7(VI)	8,36,794	16,08,017
Educational Sponsorship Program	7(VII)	4,38,758	3,16,931
Nursery Plantation Project	7(VIII)	4,08,417	-
Environment project	7(IX)	31,385	2,98,360
Water for Animals	7(X)	37,973	19,950
Administrative Expenses	8	5,30,341	6,59,973
Depreciation	9	11,76,222	12,69,904
Assests Condernned	9	-	1,25,198
Total (B)		70,43,825	75,75,348
Surplus/ (Deficit) (A-B)		(3,72,977)	11,44,406

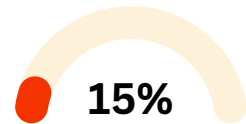
INCOME SOURCES



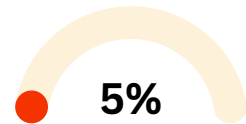
Arunachala Raising Sun



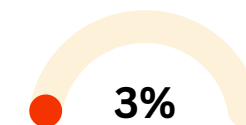
ASTI (So Hum Foundation)



Local donations



Bank Interests



Pare Foundation

**The values are denoted in INR.

Receipts & Payments Statement					
Receipts	21-22	20-21	Payments	21-22	20-21
Opening Balances	71,67,772	48,59,411	Arunachala Evening Schools	7,18,196	7,80,751
Cash	8,000	14,681	Salaries and Honorarium	6,04,968	6,32,895
Bank	33,72,572	48,19,730	Food expenses	1,640	-
Loans and Advances	-	25,000	EPF Contribution	20,750	9,000
Deposits	37,87,200	17,200	Educational expenses	17,423	2,145
Electricity deposit	15,700	-	Rent	35,000	35,500
Gas Connection deposit	1,500	-	Power & Fuel	16,393	24,839
Fixed deposit -Corpus	34,70,000	-	Repairs and Maintenance	14,740	15,849
Fixed Depasit-Others	3,00,000	17,200	Medical and Hygiene	1,015	-
			Functions and Celebration	940	-
			Rates & Taxes		57,320
			Printing and Stationery	2,701	-
			Travel and Conveyance	400	3,203
Donations	62,32,194	84,26,836	Staff insurance	2,226	-
Donations	62,32,194	84,26,836			
			Mobile Medical Clinic	15,51,740	15,36,492
Interest Income	3,47,674	2,92,918	Salary and Honorarium	9,84,985	12,17,308
Bank Interest	63,821	83,401	EPF Contribution	1,40,519	86,202
Corpus Fund Interest	2,07,996	1,56,150	Medical and hygiene expenses	41,046	78,578
Fixed Deposit Interest	75,857	53,367	Repair & Maintenance Expenses	1,12,437	62,313
			Taxes & Fees	10,691	71,362
Indirect Income	7,490	8,000	Food expenses	5,675	3,360
IT Reimbursements	7,490	-	Communication Expenses	6,505	3,215
Sale of Fixed assets	-	8,000	Printing & stationery	3,530	15
			Fuel Expenses	65,846	14,139
			Travel Conveyance	120	-
			Health Education Expenses	1,25,859	-
			Staff Insurance	795	-
			Staff Welfare	600	-
			Vehicle Insurance	53,132	-
			Arunachala Mobile Library	9,18,018	6,00,254
			Salary and Honorarium	5,44,435	4,52,130
			EPF Contribution	1,40,969	59,987
			Repair & Maintenance Expenses	78,723	43,489
			Rates & Taxes	3,660	24,018
			Communication	9,670	5,275
			Printing & Stationery Materials	21,425	5,785
			Power & Fuel	77,794	9,570
			Functions and Celebration	6,110	-
			Food expenses	8,394	-
			Travel Conveyance	1,840	-
			Educational Expenses	70	-
			Environment Protection project Expenses	679	-
			Staff insurance	1,113	-
			Staff welfare	600	-
			Vehicle Insurance	22,536	-
			Science park	3,19,227	5,69,359
			Salary and Honorarium	1,90,484	3,44,678
			EPF Contribution	55,342	60,000
			Power and Fuel	4,787	16,932
			Repairs and Maintenance	43,746	1,29,673
			Communication	5,124	3,165
			Awareness Expenses	1,900	-
			Printing and Stationery	480	2,235
			Food expenses	6,046	7,115
			Staff insurance	318	-
			Staff welfare	300	-
			Environment Protection Project	10,700	-

**The values are denoted in INR.

		Rates& taxes	-	1,272
		Hygiene Expenses	-	1,439
		Science Materials & others	-	2,850
		Sarawathi Children's Village	65,761	9,603
		Educational sponsorship	65,761	-
		Power & Fuel	-	9,603
		Covid 19 & Disaster relief project	8,36,794	13,64,967
		Covid Expenses	6,50,032	13,44,782
		Salary and Honorarium	1,86,762	-
		Power & Fuel	-	1,578
		Travel & conveyance	-	275
		Disaster relief	-	18,332
		Administration expenses	5,30,341	6,77,326
		Salary and Honorarium	2,40,911	2,17,400
		Bank Charges	10,710	12,083
		EPF Contribution	43,379	69,640
		Power & Fuel	54,476	44,888
		Travel and conveyance	1,610	6,240
		Printing and stationary	11,676	11,697
		Communication expenses	17,800	41,914
		Repairs and maintenance	41,382	1,36,353
		Medical & Hygiene	3,673	1,784
		Food Expenses	17,545	51,812
		Rates & Taxes	29,120	37,915
		Professional & Consulting Fees	13,000	12,800
		Functions and Festival	12,097	-
		Audit Fees	11,800	11,800
		Staff Insurance	636	-
		Educational Sponsorship program	12,905	-
		Garden Maintenance	1,920	-
		Staff welfare	700	21,000
		Vani membership	5,000	-
		Educational Sponsorship program	4,38,758	3,16,931
		Food Expenses	4,080	426
		Educational Sponsorship	4,24,930	3,13,291
		Travel and Conveyance	956	204
		Uniform Allowance	6,915	-
		Medical and Hygiene	200	1,204
		Fuel Expenses	1,636	1,806
		Communication	41	-
		Fixed Assets	3,38,243	2,65,187
		Furniture	18,200	14,496
		Electrical equipment	1,94,599	25,000
		Computer	23,600	73,800
		Books	1,01,844	1,51,891
		Nursery Plantation Project	4,07,069	-
		Salary and Honorarium	-	-
		EPF Contribution	-	-
		Electricity Charges	12,911	-
		Function and celebrations	120	-
		Garden Maintenance	3,611	-
		Nursery Materials	5,772	-
		Repair & Maintenance	510	-
		Staff Food	4,218	-
		Staff insurance	477	-
		Travel & conveyance Expenses	690	-

**The values are denoted in INR.

			Environment Projects	31,385	2,95,775
			Environment Projects expenses	26,885	3,064
			Fuel Expenses	2,840	5,135
			Food expenses	1,660	7,715
			Educational Expenses	-	25,294
			Nursery materials	-	22,450
			Salary, Honorarium & EPF	-	2,26,002
			Staff welfare	-	318
			Travel & Conveyance	-	200
			Repairs & Maintenance	-	5,597
			Fuel Expenses	200	-
			Closing Balance	75,61,625	33,80,572
			Cash	1,898	8,000
			Bank	72,92,526	33,72,572
			Deposits	2,67,200	37,87,200
			Electricity deposit	15,700	-
			Gas Connection deposit	1,500	-
			Fixed deposit -Corpus	-	-
			Fixed deposit-Others	2,50,000	37,87,200
Total	1,37,55,130	1,36,04,365	Total	1,37,55,130	1,36,04,365

**The values are denoted in INR.

Every year, we formulate new strategies to achieve the highest level of financial transparency. At the conclusion of each month, the entire Regenboog staff team reviews and approves all expenditures. The staff team also prepares the annual budget. We make certain that every purchase is made after thoughtful negotiations and without compromising the quality. Financial audits are posted on the office bulletin board and published on the website.




MISSION 2022-2023


- *To reach 10,000 girl children with menstrual hygiene education through the "Happy Periods" project.*
- *To provide over 50,000 books to children through a mobile library project.*
- *Implementation of integrated research and analytical software for the mobile library project, which will aid in the execution of research programs.*
- *To raise awareness about diabetes, hypertension, and other life-threatening diseases through a mobile medical project, as well as to emphasize the importance of living a healthy lifestyle.*
- *To increase the number of students enrolled in the evening school and to open new centers in additional villages.*
- *The nursery project will grow and plant 3,000 saplings.*
- *Increasing local fundraising support.*
- *To launch a volunteer program and establish a volunteer support network.*
- *Using cutting-edge technology, improve the efficiency of project management and monitoring.*


**"Our heartfelt gratitude to all the donors, volunteers, and well-wishers who have supported us with all of our projects."
Your act of kindness has brought new smiles and hopes into the lives of many people!**




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